

CHANGE THE WORLD BY CHANGING YOUR FREQUENCY WITH SOUNDSYNCTECH™ MUSIC

January 2, 2016 By Christina Calisto Winslow

Many of us desire radical change in this world. We are waking up to the corruption that has infiltrated every area of our lives; religion, government, education, multinational corporations, banking and other institutions we have blindly trusted are now unraveling before our very eyes. Although the corrupt systems are being exposed, it feels like it is not happening fast enough. How do we change things without being shot at with rubber bullets, without losing our jobs, or marching in below-freezing temperatures?



Ted Winslow believes changing your frequency is the answer; he has taken Sound Healing to a higher frequency...his work has been scientifically proven to change the environment, water, and human energy field in a positive way. "You are the creator of your reality when you are in a harmonic frequency, this can be accomplished easily by listening to my sound healing music," states Ted. "When you listen to my music, it will take you into a combined Theta/Alpha brainwave state which entrains your body into peace and relaxation. Your body which is made up of over 70% water responds and entrains immediately to the healing frequencies," Ted concludes.

When you change your frequency, you're not only helping yourself, but you help those around you, and now this concept has been validated by science. Scientists in Germany have found that energy can be sent, absorbed, transferred, and exchanged between living things. These findings validate what people in the field of energy healing, eastern cultures, and shamans throughout the world have known for thousands of years. Blifernez-Kalassen with a team of scientists discovered that not only plant cells draw and exchange energy from other plants around them, but so can people. (Blifernez-Kalassen 2012)

"Altering our state of consciousness has a positive effect on those around us; it has been proven with several studies based on the Maharishi Effect," states Ted. One study Ted was referring to had taken place in 1993, when a group of people meditating spent eight weeks in Washington DC, where they reduced violent crime by 23% [much to the chief of police's surprise]. (Hagelin 1999) "At this time, we

can help more people faster, by adding my frequency music to their meditation practice, playing it while they sleep, read, work, cook or relax. People don't have to take a class or learn a special technique to reach that harmonic balanced state on their own, all they have to do is listen!"

Ted added that his compositions are also mathematically and harmonically based through a variety of brainwave entrainment instruments, frequencies and tunings. "Many people have heard of 528 Hz or 432 Hz, but there are many more beneficial frequencies that people are starting to understand." As you help yourself by entraining your body to the healing frequencies, it not only sends a signal to the universe for you to attract more of the same harmonically balanced energy [experiences], but it helps those around you by affecting their energy in a positive way. "I like to call it the Frequency Revolution™ because we could change everything that's unconscious in our world peacefully and quickly by listening to this music, which entrains our bodies to a harmonic frequency which effects those around us in a peaceful and loving way."



As the early Greek physician
Hippocrates said,
"The natural healing force within each of
us is the greatest force in getting well."

Ted Winslow is internationally acclaimed for his pioneering work through research and development of sound healing and its positive affect on the human energy field. He is a best-selling recording artist, producer, and composer, and will be releasing his 13th album in January 2017. For more information, research videos, and testimonials, please visit: www.tedwinslow.com or follow on twitter: @tedwinslow.

Blifernez-Klassen, O. et al. Cellulose degradation and assimilation by the unicellular phototrophic eukaryote *Chlamydomonas reinhardtii*. Nat. Commun. 3:1214 doi: 10.1038/ncomms2210 (2012).

Hagelin, J.S. et al. Effects of group practice of the Transcendental Meditation program on preventing violent crime in Washington, DC: Results of the National Demonstration Project, June–July 1993. Social Indicators Research 47:153–201, 1999.

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